



**STEPHANIE
WOODROW
LCPC, NCC**

Favorite Fidgets



Bike Chain

https://www.amazon.com/s?k=bike+chain+fidget&crid=23RJICFLBFMVG&srefix=bike+chain+%2Caps%2C167&ref=nb_sb_noss_2



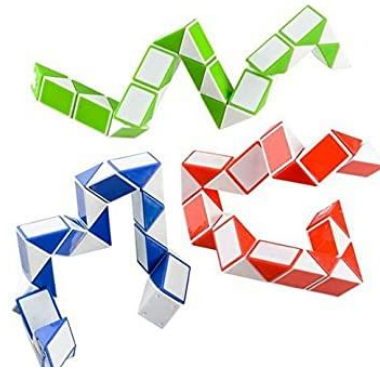
Slime

https://www.amazon.com/s?k=slime&ref=nb_sb_noss_1



Silly Putty

https://www.amazon.com/s?k=silly+putty&crid=2RN689U5YHQHJ&srefix=silly%2Caps%2C172&ref=nb_sb_ss_ts-a-p_2_5



Fidget Snake

https://www.amazon.com/s?k=fidget+snake&ref=nb_sb_noss_2



Fidget Cube

https://www.amazon.com/s?k=fidget+cube&ref=nb_sb_noss_2



Marble Fidget

<https://www.amazon.com/s?k=marble+fidget>



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Theraputty

https://www.amazon.com/s?k=theraputty&crd=1YQK4HC21YXK4&srefix=theraput%2Caps%2C155&ref=nb_sb_ss_ts-a-p_1_8



Finger Ring Spiky

https://www.amazon.com/s?k=finger+ring+spiky&dc&ref=a9_sc_1



Tangle Jr Texture

https://www.amazon.com/s?k=Tangle+Jr+Textured&ref=nb_sb_noss



Latex Stress Ball

https://www.amazon.com/s?k=latex+stress+ball&crd=L9OHAS700I39&srefix=latex+stress+%2Caps%2C151&ref=nb_sb_ss_ts-a-p_1_13



Kinetic Sand

<https://www.amazon.com/s?k=kinetic+sand>



Play Doh

https://www.amazon.com/s?k=play+doh&ref=nb_sb_noss_2



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Pipe Cleaners

https://www.amazon.com/s?k=pipe+cleaners&crd=17FUSQIG7GWMS&srefix=pipe%2Caps%2C159&ref=nb_sb_ss_ts-a-p_1_4



Bead Ice Pack

https://www.amazon.com/s?k=bead+ice+pack&crd=31FSJ323ZVV41&srefix=beadice+pack%2Caps%2C182&ref=nb_sb_ss_sc_1_12



Silicone Sponges

https://www.amazon.com/s?k=silicone+sponge&crd=294P1NL9LDA1I&srefix=silicone+sp%2Caps%2C161&ref=nb_sb_ss_ts-a-p_5_11



Foam Stress Ball

https://www.amazon.com/s?k=foam+stress+ball&crd=2UWFOZGZXKWZB&srefix=foam+stres%2Caps%2C147&ref=nb_sb_noss_1



Exfoliating Glove

https://www.amazon.com/s?k=exfoliating+glove&crd=1K2ETQ1766SI0&srefix=hand+exf%2Caps%2C168&ref=nb_sb_noss_1



Fidget Spinner

https://www.amazon.com/s?k=fidget+spinner&crd=2C07PBJI00K2&srefix=fidget+sp%2Caps%2C172&ref=nb_sb_ss_ts-a-p_1_9



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Mesh Loofah

https://www.amazon.com/s?k=Mesh+Loofah&ref=nb_sb_noss



Silicone Finger Tips

https://www.amazon.com/s?k=silicon+finger+tips&crd=Q89LUF3QSWBJ&srefix=silicon+finger%2Caps%2C156&ref=nb_sb_ss_ts-a-p_3_14